COMMUNITY SERVICES

MONTHLY REPORT

JUNE 2019

Prepared by; Donna Leon

& COMMUNITY SERVICES DEPARTMENT MANAGERS AND STAFF

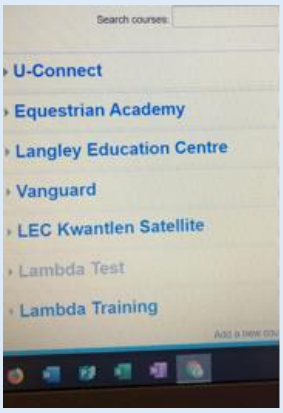
This report contains information relevant to Kwantlen First Nation intended for distribution to Kwantlen Elders and members to be updated on monthly activities reviewed at monthly Elder/ Council meetings and distributed to Kwantlen members and Kwantlen staff & Seyem' Qwantlen staff via email or a members-only web portal. This report may contain privileged, confidential, and personal information protected by obligations of confidentiality or applicable law. Any use, disclosure, distribution or reproduction of this report or its contents (including any attachments) (a) by any person other than a Kwantlen member, (b) for any purpose other than its intended purpose, or (c) without the consent of Kwantlen First Nation or Seyem' Qwantlen Business Group is unauthorized and strictly prohibited.

MONTHLY REPORT FOR JUNE 2019

DIRECTOR OF COMMUNITY SERVICES, DONNA LEON

Accomplishments:

- Attended First Nations Health Authority Health Caucus.
- Coordinated with KFN staff the 25th Anniversary celebration for June 15.2019. Great turn out from many Kwantlen families and friends.
- Assisted with interviews for the COHI and Youth Worker Assistant position.
- Meetings with various staff in planning or problem solving.
- Connected with many students whom applied for the Sto:lo Work Experience Program for 2019. The successful candidates are as follows; Marlysse Dandurand, Noah Atkins, Madeline Zimmerman, Abbigail Zimmerman, Sammy Kelly- Gabriel and David Fillardeau. Congratulations, we wish you all the best in your summer work placements.
- Meeting with SD 35, Langley Education Centre regarding the Satellite program to be developed here on Kwantlen.
- SD 35 and KFN hosted an Open house on June 17th, to share information about the satellite program and to hear what your needs are as a student, we are committed in working together to make your Educational goals a success. Once we begin in September, it will be located in the NEW community building where our Education Department will now be stationed. Please feel free to contact Donna Leon if you are interested in registering for any course this fall. Ages 15 & up.



Check it out

Congratulations to David Fillardeau for successfully Graduating from GW Graham Secondary School.

Meetings & Conferences:

- Council & Director meetings continue.
- Director meetings will also continue each month or as needed.
- Planning meetings with all Member Services Departments continue.

KFN Cultural Fundraiser, Raffle Winners:

- 2 Passes for Sky Helicopter - Les Antone
- Returning the Bones Pendent- Christine Loewen
- Canoe Design necklace & earrings- Walter Dickson
- Carved Mask- Lindsey Yates
- Crocheted lap blanket- Robert Patree
- Kwantlen Jacket- Barrie Brown
- Kwantlen Jacket- Nevaeh Peebles
- Murches Gift Basket- Bev Brown
- Wolf Framed Print- Kassandra Antone
- Butterfly Framed Print- Brenda Gabriel
- Hummingbird Framed Print-Wes Antone

Thank you for all your support during this fundraiser- totals will be shared in our next report.

Celebrating
15 Years

HEADSTART MONTH END REPORT FOR JUNE 2019

Submitted by; Linda Mitchell and team

The weather has been nice, and we have been able to play outside a couple of times it was hot enough for to play in the sprinkler. We do have sunscreen at the center if your child requires a special kind, please bring it in with their name on it ,or you do not wish to have sunscreen applied please let us know.

We have some new students Amelia and Theodore Konyk are registered. Amelia has been attending and enjoying the toys and outdoor play.

I have renewed my ECE It SN licence for another 5 years. So, we are good for awhile.

Safety Month End for June 2019, prepared by Carrie Mitchell

The safety committee discussed incident reports, there is a pattern of slips, trips and falls happening within our work and our community. I have made a few hazard signs but as we know signage is not always the best way. We find that taking a few minutes to chat with staff over hazards within their job; before they start makes the worker more self aware. We also discussed fire safety in our homes and ways to promote.

I have completed through Justice Institute of BC Intro to Emergency Management and Emergency Operations, completed with a A and B grades. I have worked on office ergonomics with some staff and continue to offer this support for those who ask, to help set up a worker's desk station for optimal health. Reducing injuries and pain.

With Youth Safety with Carless Carrie, I had shared information on the topic of being home alone and how to be safe and creating healthy summer snacks. I find that lots of our kids are coming up to the age where they might be left home alone, and I took the time to share ways of staying safe. We also had a great time making healthy popsicles and working together on a scavenger hunt.

Attached is the submitted newsletter entry for June's safety tips

July's safety tips were extreme heat and how to stay hydrated in the warmer summer months.

Fire Safety

Smoke alarms save lives. It is important to put smoke alarms in the right places in your home. **You should also test them regularly** to make sure that they work properly. You can minimize your family's risk of fire-related injury or death by installing smoke alarms.

Install smoke alarms outside each bedroom and sleeping area, and on each level of your home, including the basement.

Fire extinguishers

Purchase a fire extinguisher for your home and keep it handy in the event of a **small fire**. Make sure you know what to look for when buying a fire extinguisher for your home.

- Ensure your extinguisher is labelled by a nationally recognized testing laboratory.
- The higher the number rating on the extinguisher, the more fire it puts out. It is important to make sure you can comfortably hold and operate the one you buy.
- Have your extinguisher serviced and inspected regularly and recharge it after use.
- Install your fire extinguisher near an escape route and away from potential fire hazards.

Did you know?

Smoking is one of the leading causes of house fires. Smokers should regularly check their furniture for fallen cigarettes or embers, which can smoulder for hours before bursting into flames. Make sure to properly extinguish cigarettes and never leave lit cigarettes unattended.

General tips

- Do not bring electronic devices to bed, such as laptops and smartphones.
- Do not leave cooking appliances unattended.
- Keep cords a safe distance from heat and water sources.
- Make sure that the proper indoor and outdoor cords are used for electrical products.
- Discard or replace worn and/or distressed cords and plugs on any electrical product.
- Take the time to create an evacuation plan and practice it with your family to avoid panic and confusion in the event of a fire.
- Stop, drop and roll if your clothes catch fire.

  CALL 911 and report fire when it is out of control, DO not attempt to try and find a way to put it out, call 911 immediately.

Safety is no accident **Thank you, Carrie Mitchell/Safety Coordinator**

Kwantlen First Nation
Health and Social Services
June 2019

Director of Health and Social Services

Malissa Smith

Accomplishments:

- Attended First Nations Health Authority Health Caucus
- Coordinated many in house meetings
- Held interviews for the COHI and Youth Worker Assistant position
- Coordinating the Building Schedule

- Meetings with various First Nation's Health Authority staff
- Met with Brenda G and our Environmental Health Officer to review our Environmental Health Plan
- Meetings with various Seyem Qwantlen staff
- Applied for and were successful in receiving the New Relationship Trust Grant
- Applied for the Water Grant from FNHA
- Administered Income Assistance
- Connected families with resources
- Attended monthly KFN Safety Committee Meeting – Minutes are posted in Computer Lab at Community Building

DATES TO REMEMBER IN JULY

- Elder's Meeting – July 4th @ 9:30am – Kwantlen Boardroom
- Cultus Lake Waterslides – July 5th – Bus leaves the Kwantlen Office at 8:30am Everyone is to meet at the gates at 9:30am
- Hair Care – June 4th @1pm – Community Building
- Fort Langley Youth Group – July 20 th - leaving the KFN office at 10:30am - Playland
- Chilliwack Youth Group – July 19th – leaving at 3pm - TBA
- Foot Care – July 10th @ 11am – Community Building
- Careless Carrie Youth Safety – July 25th at 5pm
- Office Closed – July 1st – Canada Day
- Fitness – Tuesdays and Thursdays at 4:30 pm @ Community Building

Youth Group

Walter Knott

Outings

In June both Youth Groups changed their minds and wanted to go to Castle Fun Park instead of bowling.

We completed our Youth Worker Assistant interviews. We would like to welcome Madeline Zimmerman to our youth team. We would like to thank all the candidates who applied.

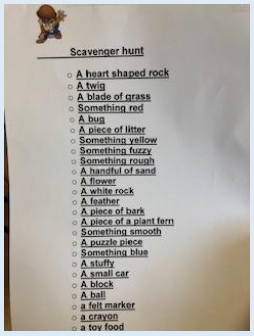
Youth Safety talks

with

Careless Carrie

Topic: Home alone safety and healthy summer snacks

We talked about the importance of 911 and when to use it, had safety tips for the kitchen when making snacks, and shared some amazing summer treat recipes. After dinner and discussions, we had a scavenger hunt! Topping off our evening with fruit pops a recipe out of our summer recipe book.



Shared below our fruit pop recipe out of our summer snacks recipe book

2 cups of strawberries, or raspberries or blueberries

¼ cup of apple juice or lemonade we used

2 tablespoons of honey

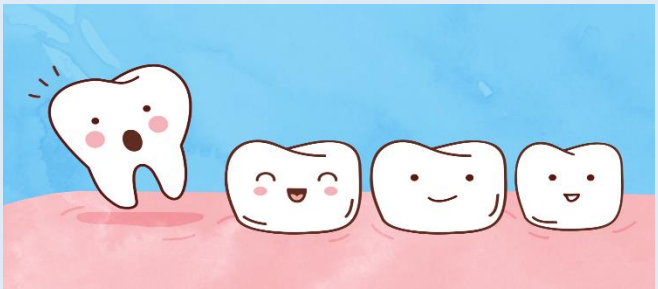
Mix and mash and pour into popsicle molds and freeze

You can add berries and yogurt for a creamier popsicle or add chunks of fruit and juice together

A great healthier alternative to high sugar store bought.

COHI – Children's Oral Health Initiative

Kwantlen and First Nations Health Authority would like to welcome Carrie Mitchell to the COHI team. She will be assisting with Children's Oral Health promotion, Jordan's Principle, Fluoride Varnishing and much more!



Home Health Aid/ Community Health Rep

Chauntelle Fillardeau

ACCOMPLISHMENTS:

Booked Footcare clients, picked up and prepared snacks for footcare, rides to Public Health, MT to Life Labs, hospital appointments, home visits, attended specialist appointments, weekly rides to the Langley Food Bank, grocery assistance bi weekly, monthly KFN newsletter submission, weekly Kwantlen in-clinic visits, check our band office first aid kit monthly, assisted with medical transportations & update our Kwantlen Health Facebook page to promote upcoming health related events.

Home Care Program Updates

1. **Statistics:**
    a. **Home Health Aid Visit Count/In clinic visits:** 14
    b. **Personal Care Visits:** 0
    c. **Mobilization, Rehab Exercises, Mobility Exercise Visits:** 4
    d. **Other Visits:** 4
    e. **Number of missed/cancelled/not home visit count:** 0
    f. **Home Health Aid Phone Call or Text Count**: 16 calls & 100 texts
    g. **Reports Given to Nurse: 4**
2. **Reporting Requirements:** Daily report, who I seen, for how long, what kind of care I provided, what went well? What could've gone better? Plans for tomorrow and next few days, General questions and concerns.
3.
    a. **Home Care Report due Every Week:** 1
4. **Time Spent Charting**: 1 hour
5. **Additional Notes**:

Community Health Representative Updates

1. **Statistics:**
    a. **Hospital Visits:** 2
2. **Activities**
    a. **Food Bank Visit Count:** 4
    b. **Transportation Assistance Count:** 2
    c. **Other:** In clinic BP & BS checks
    d. **Medication Pick up:** 4

Goals

Home Health Conference 2019

COMMUNITY HEALTH NURSE

Lynn

Home & Community Care

The program is busy with acute clients receiving service. Homemaker reviews are in progress and client communication books are being developed and piloted by some clients. These are for clients, and all care providers including family care providers to keep track of health-related visits, interventions and appointments. The books contain a 911 Client profile and includes all information required by ambulance personnel when the ambulance is called.

Community Health – Immunization program

- **Measles, Mumps and Rubella:** MMR vaccine continues to be available to school children and adults who have not had their second dose of measles-containing vaccine.

- **Shingles vaccine (Shingrix)** is available for all individuals 50 years and older, funded by First Nations Health Authority for people 65 years old and up, and by Kwantlen's UBC medication grant for people 50-64 years of age. This initiative is a collaboration between Kwantlen First Nation Health Department and the Fort Langley Pharmasave pharmacists.

- **Pneumonia vaccine** continues to be available to eligible clients upon request.

General

Home Health Aid Chauntelle and I are transitioning to the new facility on Glover Road. We now have an office with adjacent examining/clinic room. The examining room is well equipped, bright and pleasant. Our computers were connected last week, and all that remains for our technology to be complete is the dedication fax machine (underway).

~ Don't forget to check us out! ~

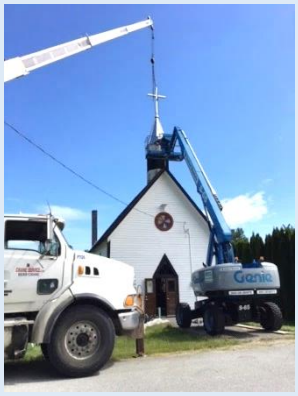
Kwantlen First Nation

Community Services Monthly Report –June 2019

Submitted by Christine, Carol & Brenda

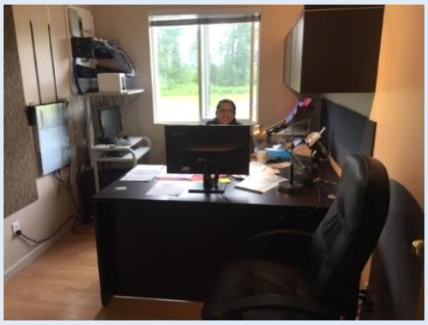
Church

The steeple was attached to church by Heritage Restoration. Yay!!



Office Building

We will be doing the office shuffle since the Health & Education moved to the new location at the end of Glover road. Raman has her new space and Brenda moved her Safe Water testing to the basement of the office. The rest of the rooms are getting prepared for new furniture or waiting for contractor to upgrade utilities.



Getting 3 quotes for a new or upgrade old HVAC system which doesn't work very good. Although the washrooms were the place to be because the HVAC worked well in this small area.

Head start Building

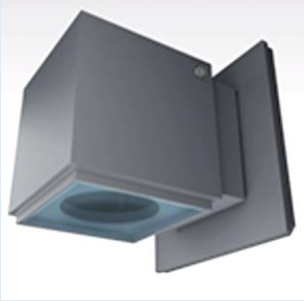
No problems at this building

Cultural Centre Maintenance

- Looking into more lighting in longhouse and parking lot. See below the choices of interior and exterior sconce. Also,looking into access to storage rooms and HVAC system. Whether we have a fixed ladder or stairway where storage cupboard are underneath. We are making sure any decision we make, it complies with WorkSafe BC standards.

Interior sconce

Exterior sconce



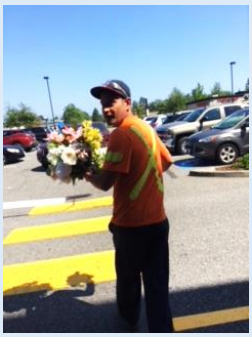
Workshop Area and Shop

- Gate is locked so no more dumping
- Grass maintenance at the workshop.

Cemetery

- Cemeteries on IR 1 and 5 are still being maintained by Scott Gabriel and Tracey Dandurand. Scott mentioned we need to fix the entrance gate; it needs to properly open and closed. There are also 20 dead hedge trees that need to be replaced.

- June 2nd Kwantlen's annual cemetery burning, Brenda & Quint set up the fire pit and place flowers at every headstone. Good work ☺



Roads

- Speed bump in front of Head start building is missing after paved road was snow plowed. Found in the grass along Gabriel lane.
- No Road work done at this time.

Water Systems and Wastewater

- Water Samples for Kwantlen IR #6, IR #4 and IR #1 will continue with the scheduled dates. Brenda Gabriel will be taking water samples at different areas on Kwantlen Buildings (office cultural building, head start) and other random homes, but will notify you before she comes. If you're not home, she will take the water sample from the outside hose bib.
- Kwantlen is paying for the water so please if you notice water dripping or need of repairs, let us know.

Septic Systems

- McRae's recommends SeptoBac for treatment septic tanks, One (1) package per month.
- Effective enzyme producing bacteria accelerates digestion of difficult septic waste. This can be purchased at Walmart and Canadian Tire.

Public Works and Maintenance

- Still Need to plant the remainder of the trees already purchased, they need a big area. Looking to plant at the site by the film parking lot.
- High water during freshet is very fast flowing, docks and boats need attention, tighten or loosen ropes or move boats out of the flow area.
- The new Company that's taken over for Culex Environmental is Morrow Bioscience.
- Morrow did an aerial larvicide treatment for mosquitoes. Even though they sprayed for mosquitoes, there will still be mosquitoes around if there are places where they can live. **Please go around your yard and dump out your containers, pools, even old tires, fish totes, coolers, remove anything that will retain water.**
- **BC Hydro** installed 8 overhead streetlights that were request 3 years ago. Kwantlen is lighting up the streets at Healing Spirit and down Gabriel Lane.

- **WSP** were the consultants hired by ISC to do the 3-year review on Kwantlen buildings and Infrastructures. There were some projects that were completed over the years and will be followed up to get Operation and Maintenance funding to keep them maintained.

- **Japanese beetle trap located at the entrance of Gabriel Lane.**

Grounds and Playground

- Still waiting for LS Fencing to come and fix 7 gates now. Called LS Fencing and mentioned all the plastic pieces broke on the gate. Please find an alternate lock mechanism that isn't plastic. LS Fencing are scheduling to come and look at the broken gates.

- Getting ready for a fun filled year of grass cutting. Branches to pick up and ground to be harrowed.

- Volleyball nets were set up in the playground. It was great to bump, set, spike the ball over the net. Game on!

Privately owned and CMHC Houses

- To those who submitted Privately owned and CMHC Housing application we still need to meet with them to get more details and discuss their next steps. We will work on scheduling meeting with those applicants who have submitted fully completed applications. A lot of applications are incomplete so no pressing meetings to occur in the near future.

<u>Privately Owned Homes</u>

- ***Please remember to make sure to keep the areas near and around the septic fields clear of debris, blackberry bushes and regular lawn maintenance is required by the homeowners.
- This is the homeowner's responsibility along with regular cleaning of filters (hosing off) in your septic system.
- If you have a Privately-owned home and require or have concerns of your septic system, please come into office and fill out the form **Housing Repairs Request and Housing Concerns Form** and give to Housing Department for follow up.

Housing department has been busy with members requiring Assistance with:

- Repairs to washer, dryer, dishwasher, hot water tanks, kitchen faucets, toilets and water leaks.
- Homeowners – if you are feeding the birds close to your homes, you will attract rodents, squirrels and even coyotes. So please move feeders away from your house to avoid pests coming near and into home.
- Information gathered from Private Homeowners for Hot Water Tanks and added into our system. Thank you to all that provided the necessary information to the Housing Department. If you haven't submitted yet, please do so as soon as possible.
- Pest control at one home – wasp nests in house attic.

CMHC

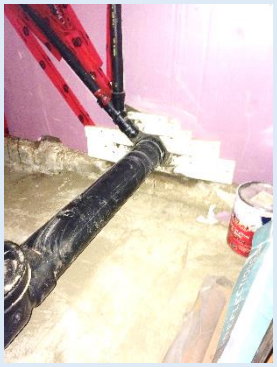
All CMHC houses have had their Premise Conditions done, now an itemized list will be determined. Scheduling of trades for premise repairs have started, stay tuned tenants.
Septic field and water drain maintenance at Healing Spirit, 4Plex, Phase 1 homes, work done by Brenda and Quint. Way to go team.

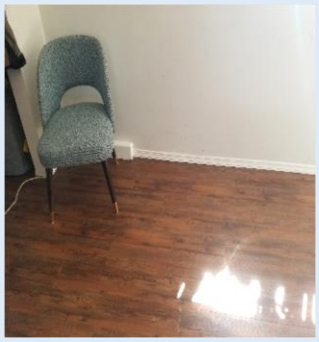
Geoff's House

- Met with Canstar contractor to address deficiencies – water system and HVAC (Heating, Ventilation, Air Conditioning) issues.
- Canstar has taken too long to address deficiencies that we hired another contractor, Nation's First Contracting and work is now complete.

INAC – Renovations and Mould Submissions

- Renovations for mould remediation on 3 homes are now complete and inspected.
- Regular renovations 2 homes – 1 outstanding home with Roof deficiencies – then all 5 homes complete and final reporting to ISC for the 5 homes almost see the light at the end of the tunnel ☺





CMHC

- After completion of Annual inspections by the Housing Department – please make sure to have all items debris not in entrances, lawn spaces or access and egress areas for monitoring projects try and have fishing totes and nets in an orderly manner on your properties not overflowing onto other Kwantlen land areas.

- ***If you are Renting and have any repair or concerns please come into office and fill out **Form 06 Notice of Repair/Damage** and submit to Housing Department to follow up and a task number will be assigned to your request based on the urgency of the matter.

Meetings

- Capital Projects
- Operational Plan for Public Works & Housing Departments
- Safety Committee
- Kwantlen & SQ Lands Committee
- Cultural Centre deficiencies
- WSP consultants for ACRS inspections on buildings and infrastructure meeting after to discuss the process.

Conferences/Workshops and Training

- Christine in 2 year program with CMHC for Housing Manager Certification, started in Sept 2018 and ends in 2020.

Upcoming Next Month

- Budgeting for next fiscal year- on hold
- Determining Organizational Chart for Departments- ongoing
- Event preparation for Field rentals
- Lots of grass cutting
- Office changes in Administration Office after Health Team is setup at new location

Just a reminder that we don't purchase bins anymore. If you're spring cleaning please use the 3 R's

Reduce -Reuse -Recycle. Someone else's trash is someone else's treasure.

Clothes & shoes

Value Village

20501-56th Ave, Langley (Across from Cascade Casino)

Salvation Army Thrift Store

19733 96 Ave, Langley

Walnut Grove Bottle & Return Centre
Unit 6-8, 20280 97th Avenue
Langley, BC V1M 4B9
Phone: (604) 513-0420

Accepted at this location:
Express Drop-off Kiosk for Beverages
Beverage Containers
End-of-Life Electronics
Household Batteries
Small Appliances
Packaging & Paper
Paint and Paint Cans
Beer Containers

OLD TIRES

Fort Horseless Carriage -(604) 888-1557
Address: 9026 Glover Rd (Husky gas station) –
**Will take old tires with or without rims
There is a cost for tires with rims on, which is $5/tire.

AUTO AND BOAT BATTERIES

Edmonds Batteries – (604)530-9235

Address: 20583 – 62Ave, Langley
Will take Auto and Boat batteries

If you want to know where you can recycle items, below is RCBC -Recycling Council of BC a search site.

https://www.rcbc.ca/recyclepedia/search

KWANTLEN CULTURAL CENTRE, JUNE 2019 MONTHEND,SUBMITTED BY TONY DANDURAND

ACCOMPLISHMENTS:

All bookings and rentals were completed without any problems. Kitchen passed annual Fire Inspection. Toilet dispensers changed in women's washroom. Archeology work near completion.

CHALLENGES/CONCERNS: HVAC

MEETINGS/CONSULTATIONS:

June 1st SQ EC Dev meeting.
June 10th KFN SQ update meeting.
June 13th Jayme-lot availability update.
June 17th Fraser Health gathering.
June 19th Xyolhemeylh Fraser AB Health gathering. Language planning meeting.
June 20th CE Housing policy.
June 25th Budget 2018/NAHS.
June 26th housing policies workshop with Turtle Island.

TRAINING & PROFESSIONAL DEVELOPMENT:

SQ has been using Multi room to conduct Artifact Data base. They have now completed their work.

Goals for the upcoming MONTH:

Complete new lighting.
Accommodate SQ as they use office space.
Empty Freezer.
Repair Longhouse front door.
Clean outside of KCC. Sweep and clear front of building

Community Services

July 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Reading & Culture start date	3	4 Elders Meeting	5 Cultus Lake	6
7	8	9	10 Footcare	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25 Last day of Reading & Culture Luncheon	26	27
28	29	30	31			

Community Services
August 2019

	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8 Elders Meeting	9	10
11	12	13	14	15	16	17
18	19	20	21	22 KFN Back to School BBQ 11am – 3PM	23	24
25	26	27	28	29	30	31

NOTES